

Mental Health Month: May 2024

WHEREAS, good mental health is essential to the overall health and emotional well-being of all children, youth, adults, and families; and, promotes a healthy community; and

WHEREAS, nearly one in four people in our communities experience a mental health condition each year and more than 17% of individuals in our communities experience substance use disorder each year including alcohol and drug use; and

WHEREAS, increased focus on the prevention of mental health conditions and substance use disorders among children, adolescents, and adults through screening and early intervention helps reduce suffering and improve lives, and

WHEREAS, it is imperative that all members of our community, irrespective of age, gender expression, sexual identification, race, culture, ethnic background, education, or economic status, have equitable access to essential care, support, and services for mental health and substance use conditions.

NOW, THEREFORE BE IT PROCLAIMED, by the Jefferson County Board of Commissioners, of the State of Colorado, that the month of May be declared as Mental Health Month in this county.

Lesley Dahlkemper, Chair

Tracy Kraft-Tharp, Chair Pro Tem

Andy Kerr, Commissioner

Dated: April 30, 2024



